

# SLY FOOD

## BREAKFAST, SANDWICHES.

*English, homemade toast, bagel or a roll.*

- Classic 2-Egg Sandwich** | 2 hard cooked eggs, applewood smoked ham or bacon, choice of cheese on choice of toast or bagel or english. 7.
- Hashwich** | Corned beef hash, egg, cheddar, grilled red onions. 7.5
- Mt.Tom Egg-wich** | Egg, tomato, red onion, herbed cream cheese. 6
- Joe Schmoe** | Grilled cheddar with bacon, avocado and egg, choice of bread. 9
- Mustang Egg-wich** | Egg, Bacon, Cheddar, red onions and Bbq with Ranch Dressing on your choice of bread, bagel or english 7.50
- The Smear** | Plain or Everything bagel, whipped or herbed cream cheese. 4.5
- Waffle** | Thick Belgian style waffle. Includes 100% pure local maple syrup. 10  
Add fruit, fruit and whipped cream or fruit and vanilla yogurt +2.50
- Power Bowl** | Fresh greens and quinoa or rice, fresh spinach, fresh sliced avocado, tomatoes, and two eggs, with dressing of choice. 11  
Add Steak 5.00

*After 11am*

## SANDWICHES

*Sandwiches are served with chips, apple wedges or greens*

- Avocado Toasts** | Our house made toast, smashed avocado, salt, fresh cracked black pepper, greens and sliced grape tomatoes. 7.50
- Classic Grilled Cheese \*** | Your choice of house made bread. Cheddar or swiss. 8  
Add something. Chicken, Chicken Salad, tomato, red onion, pesto, spinach 1.00

*www.sylvestersrestaurant.com 111 Pleasant St,  
Northampton, Mass.*

- Chicken Salad** | House made chicken salad with aioli, chopped local apples, raisins and red onion on homemade toast with lettuce and tomato. 12.
- Smithie's Favorite\*** | Grilled cheese with pesto, cheddar, spinach and tomato. 10
- Chicken Bacon Ranch Grilled Cheese** | with red onion and ranch dressing on your choice of our homemade breads. 10.00
- CBLT** | Sliced chicken, with bacon, lettuce, tomato and mayo on house made toast. 11
- Corned Beef Reuben\*** | On rye with melted swiss, local sauerkraut from Real Pickles, house cooked corned beef and Russian dressing 11.
- BLTA \*** | Bacon, lettuce, tomato, and avocado with Russian dressing. 12
- Westa Woostah \*** | House made toast, avocado, tomato, Russian dressing, cheddar and leaf lettuce. 12

## SALADS & BOWLS

*Dressings. Lemon Basil Vinaigrette, Sesame Tahini, Ranch, Russian.*

- House Salad** | Greens, fresh tomatoes, and veggies, dressing of choice. 6.00/ 9.00  
Add Protein. 6 ounce Flat Iron Steak +5.00 All Natural Chicken Breast +6.00
- Cobb Salad** | A chopped romaine salad with gorgonzola cheese, sliced chicken, bacon, hard boiled egg, tomato and avocado. 15
- Chop Chop Salad** | Chopped romaine tossed in ranch dressing with scallions, tomato, cheddar, cilantro, sweet corn, chopped bacon, chic peas, and chopped chicken. 14  
Leave the bacon and chicken out to make it a Veggie Chop Chop 11.00
- Chicken Bacon Ranch Bowl** | Grilled sliced chicken, served over rice with chopped bacon, chopped red onions, chopped tomatoes and chopped lettuce, drizzled with BBQ sauce and ranch dressing. 12
- Teriyaki Steak Bowl** | over rice with teriyaki sauce, onions, roasted red peppers and broccoli. 14
- Fresh Bakery Items** | Everyday we have a selection of Muffins, scones, breads, cookies and cake.

*The Mass. Dept. of Public Health warns that consuming raw or undercooked foods may increase the incidence of food borne illness, especially for those with compromised immune systems. Please let your server know if anyone in your party has a food allergy.*

*www.sylvestersrestaurant.com 111 Pleasant St,  
Northampton, Mass.*